

MONTHLY PLANNED ACTIVITY EVENTS

MEADOW LAKE SENIOR CENTER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
10:00 AM TO 11:00 PM EXERCISE	10:00 AM TO 12:00 TELEVISION	10:00 AM TO 11:00 AM EXERCISE	10:00 AM TO 12:00 PM TELEVISION	10:00 AM TO 11:00 AM EXERCISE
11:00 AM TO 12:00 PM CARDS				
9:00 AM TO 3:00 PM BILLARDS	9:00 AM TO 3:00 PM BILLARDS	9:00 AM TO 3:00 PM BILLARDS	9:00 AM TO 3:00 PM BILLARDS	9:00 AM TO 3:00 PM BILLARDS
12:00 pm to 1:00 pm Lunch	12:00 pm to 1:00 pm Lunch	12:00 pm to 1:00 pm Lunch	12:00 pm to 1:00 pm Lunch	12:00 pm to 1:00 pm Lunch
1:00 PM TO 3:00 PM CARDS	1:00 PM TO 3:00 PM BINGO	1:00 PM TO 3:00 PM CARDS	1:00 PM TO 3:00 PM BINGO	1:00 PM TO 3:00 PM CARDS
9:00 AM TO 3:00 PM PING POING	9:00 AM TO 3:00 PM PING POING	9:00 AM TO 3:00 PM PING POING	9:00 AM TO 3:00 PM PING POING	9:00 AM TO 3:00 PM PING POING
1:00 PM TO 3:00 PM COMPUTER GAMES	1:00 PM TO 3:00 PM COMPUTER GAMES	1:00 PM TO 3:00 PM COMPUTER GAMES	1:00 PM TO 3:00 PM COMPUTER GAMES	1:00 PM TO 3:00 PM COMPUTER GAMES
9:00 AM TO 3:00 PM OUTSIDE TRACK WALKING	9:00 AM TO 3:00 PM OUTSIDE TRACK WALKING	9:00 AM TO 3:00 PM OUTSIDE TRACK WALKING	9:00 AM TO 3:00 PM OUTSIDE TRACK WALKING	9:00 AM TO 3:00 PM OUTSIDE TRACK WALKING