

**VALENCIA COUNTY OLDER AMERICAN PROGRAM**

<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>
<b>Carrot Salad</b> <b>Ground Beef Caldito</b> <b>Pinto Beans</b> <b>Crackers</b> <b>Milk</b> <b>Fruit</b>	<b>Tamale</b> <b>Red Chile</b> <b>Spinach</b> <b>Spanish Rice</b> <b>Milk</b> <b>Fruit</b>	<b>Cole Slaw</b> <b>Hot Turkey Sandwich</b> <b>Brussels Sprouts</b> <b>Mashed Potato</b> <b>Bread-Milk</b> <b>Fruit</b>	<b>Salad</b> <b>Chicken</b> <b>Mushroom Sauce</b> <b>Green Beans-Rice Pilaf</b> <b>Roll-Milk</b> <b>Fruit</b>	<b>CLOSED</b>
<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>
<b>Spaghetti Meat Sauce</b> <b>Italian Vegetable</b> <b>Garlic Bread</b> <b>Milk</b> <b>Fruit</b>	<b>Cole Slaw</b> <b>Chicken Fajitas</b> <b>Bell Peppers&amp;Onions</b> <b>Spanish Rice</b> <b>Milk-Tortilla</b> <b>Fruit</b>	<b>Carrot Salad</b> <b>Ground Beef Steak</b> <b>Brown Gravy&amp;Onions</b> <b>Green Beans</b> <b>Mashed Potato-Roll</b> <b>Milk-Fruit</b>	<b>Salad</b> <b>Chicken Chow Mien</b> <b>Oriental Vegetables</b> <b>Fried Rice</b> <b>Milk</b> <b>Fruit</b>	<b>Zucchini Salad</b> <b>Tuna Sandwich</b> <b>Lettuce&amp;Tomato</b> <b>Bread</b> <b>Milk</b> <b>Fruit</b>
<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>
<b>Beet Salad</b> <b>Beef Tips</b> <b>Carrots</b> <b>Rice</b> <b>Crackers-Milk</b> <b>Fruit</b>	<b>Cole Slaw</b> <b>Green Chile Cheese</b> <b>Burgers</b> <b>Lettuce&amp;Tomato</b> <b>Ranch Beans</b> <b>Milk-Fruit</b>	<b>Chicken Fried Chicken</b> <b>Country Gravy</b> <b>Broccoli</b> <b>Mashed Potato</b> <b>Roll-Milk</b> <b>Fruit</b>	<b>Vegetable Pasta Salad</b> <b>BBQ Pork</b> <b>Peas W/ Mushrooms</b> <b>Bun</b> <b>Milk</b> <b>Fruit</b>	<b>Chile Relleno</b> <b>Green Chile</b> <b>Calabacitas</b> <b>Pinto Beans</b> <b>Milk</b> <b>Fruit</b>
<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>
<b>Zucchini&amp;Onion Salad</b> <b>Beef Stew</b> <b>Crackers</b> <b>Milk</b> <b>Fruit</b>	<b>Cole Slaw</b> <b>Chile Cheese Dogs</b> <b>Red Chile</b> <b>Potato Chips</b> <b>Bun-Milk</b> <b>Fruit</b>	<b>Cucumber Salad</b> <b>Chicken Parmesan</b> <b>Spaghetti Noodles</b> <b>Italian Vegetables</b> <b>Garlic Bread-Milk</b> <b>Fruit</b>	<b>Salad</b> <b>Baked Ham</b> <b>Peas</b> <b>Sweet Potato</b> <b>Roll-Milk</b> <b>Fruit</b>	<b>Green Bean&amp;Onion</b> <b>Salad</b> <b>Meatloaf</b> <b>Carrots</b> <b>Scalloped Potato</b> <b>Bread-Milk</b> <b>Fruit</b>
<b>30</b>				
<b>Vegetable Salad</b> <b>Sloppy Joes</b> <b>Onions</b> <b>Baked Beans</b> <b>Milk-Bun</b>				