



Relevant News from the Office of Alzheimer's and Dementia Care and the Aging Network

UPDATES AND RESOURCES



Brain and Behavioral
Health Institute (BBHI)

2021 Brain and Behavioral Health Research Day

Friday, April 9, 2021 9:00 am through 4:30 pm
Virtual Online Event

The BBHI Neuroscience Day event is intended to encourage multidisciplinary cooperation in New Mexico's brain and behavioral health research. This year's Neuroscience Day places a strong emphasis on community, with numerous opportunities for all attendees to share their insights and expertise about brain health and research.

All are welcome, register at:

<https://bbhiresearchday2021.vfairs.com/>

For more information contact Faith Brandt by email at: HSC-BBHI@salud.unm.edu

University of New Mexico (UNM) Health Sciences Memory & Aging Center

The UNM Memory & Aging Center is the first and only center devoted to Alzheimer's and dementia research and treatment in New Mexico. The Center has received two federal research grants from the U.S. Department of Health and Human Services (HHS), through the National Institute on Aging, that could lead to faster diagnosis and new treatments for dementia and Alzheimer's patients with a focus on Native American and Hispanic populations in rural New Mexico.

For information call ☎ 505-272-5631 or 505-272-3735

<https://unmhealth.org/services/neurosciences-stroke-care/memory-and-aging-center.html>

alzheimer's  association®

2021 Alzheimer's Disease Facts and Figures

The Alzheimer's Association's annual report, *Alzheimer's Disease Facts and Figures*, shows the impact of Alzheimer's and dementia on patients, caregivers, the government, and the nation's health-care system.

https://www.alz.org/newmexico/helping_you_facts_and_figures

Centers for Disease Control and Prevention Alzheimer's Disease and Healthy Aging *Supporting Caregivers to Make Alzheimer's Our Next Public Health Success Story*

Public health can play a central role in providing caregivers with information, guidance, and support services to help them provide effective dementia care and take care of their own well-being.

☎ 1-800-232-4636

<https://www.cdc.gov/aging/healthybrain/issue-maps/supporting-caregivers.html>

National Institute on Aging (NIA) Announces New Website **Alzheimers.Gov**

The new website, Alzheimer's.Gov, is designed to educate and assist people affected by Alzheimer's disease and associated dementias. It serves as the federal government portal for dementia information and resources for both the public and professionals.

☎ 1-800-438-4380

<https://www.alzheimers.gov/>

UPCOMING EVENTS, CLASSES AND PRESENTATIONS

Alzheimer's Foundation of America® Care Connection Webinar

Preserving Oral Health in Alzheimer's
Thursday April 8, 2021 11:00 am to 12:00 pm

This free webinar will discuss the connection between dementia and oral health, the long-term oral health goals for people with dementia, the optimal and minimum oral hygiene habits for people with dementia, and common caregiver concerns about communication and overcoming a fear of going to the dentist. Register at:

<https://alzfdn.org/event/care-connection-webinar-preserving-oral-health-in-alzheimers/>

For more information call: ☎ 1-866-232-8484

American Society on Aging Community Health Workers:

**A Key Support for People Living with Dementia
and Their Caregivers**

Tuesday, April 27, 2021 11:00 am to 12:00 pm

In this free webinar, participants will learn about programs that use community health workers to help achieve their program goals and will be able to identify at least three areas that the Community Health Worker would assess in determining support needs for a person living with dementia.

☎ 1-800-537-9728

<https://www.asaging.org/web-seminars/community-health-workers-key-support-people-living-dementia-and-their-caregivers>

Alzheimer's Association® New Mexico Chapter Online Support Groups

Support for everyone affected by Alzheimer's disease, from the comfort and safety of your home

☎ 505-266-4473 or 1-800-272-3900

[https://www.alz.org/newmexico/helping_you/support_groups_\(1\)](https://www.alz.org/newmexico/helping_you/support_groups_(1))

Alzheimer's Association® NM Chapter Living With Alzheimer's For Caregivers Spring 2021 Classes

Free instructional courses and caregiver training to answer questions and concerns that occur at various stages of the disease. Classes available in Spanish.

To register send email to: nmprograms@alz.org or call: ☎ 505-266-4473 or 1-800-272-3900.

To view the program calendar go to:

https://www.alz.org/newmexico/helping_you/nm_classes

AARP - Prepare to Care: A Planning Guide for Families

The Planning Guide is designed to assist caregivers and family members in discussing and developing a caregiving plan. ☎ 1-888-687-2277

<https://www.aarp.org/caregiving/prepare-to-care-planning-guide/>

Legal Resources for the Elderly Program (LREP) Free Legal Workshops

Workshop topics include information on Estate Planning, the Probate process, Non-Probate Transfers, and Institutional Medicaid.

To register and for more information call LREP at:

☎ 505-797-6005 or 1-800-876-6657 or visit:

<https://www.sbnm.org/For-Public/I-Need-a-Lawyer/Legal-Resources-for-the-Elderly/Calendar>

Senior Citizens Law Office (SCLO)

Free legal advice and representation to Bernalillo County seniors, age 60 and over, on healthcare, public benefits, advance directives, consumer rights, and other issues. ☎ 505-265-2300

<http://sclonm.org/>

NM Aging and Long-Term Services Department
Office of Alzheimer's and Dementia Care
PO Box 27118
Santa Fe, NM 87502
www.nmaging.state.nm.us/alzheimer-s

NM Aging and Disability Resource Center (ADRC)
PO Box 27118
Santa Fe, NM 87502
505-476-4846 1-800-432-2080
TTY: 505-476-4937
www.nmaging.state.nm.us/adrc.aspx